



Dojo Challenge Vol. 1

SCAN ME



♩ = 160

Exercise 1

This exercise takes you step by step towards flam accents, helping you isolate and become aware of the mechanics involved.

R r r r R r r r R r L r R r L r R r r r R r r r R r L r R r L r

I I L I I I L I R I L I R I L I I I L I I I L I R I L I R I L I

R I r L r I R I r L r I R I r L r I R I r L r I R I r L r I R I r L r I

R I r L r I R I r L r I r L r I R I r L r I R I r L r I R I r L

Exercise 2

Twitch is your friend here. Play with a natural decay. Flam taps can be played with two heights, one height or natural decay. Natural decay is most comfortable and is what we are working on here.

R R R R R R R R L L L L L L L L R R R R R L L L L L R R R R L L L L

f > mf f > mf f > mf f > mf f > mf f > mf

R R R L L L L R R R L L L L R R L L R R L L R R L L R R L L R

f > mf f > mf f > mf f > mf f

Exercise 3

Don't lock your wrist! It's tempting to only rely on pumping motion of the arms but it will make you tired easily and make it difficult to get a smooth sound. Utilize the wrist, it will make it feel much better.

p mf p mf

p mf p mf

Solo

f p f > mf f > mf f

f p f f > mf p